



# Website review fitness-tropic.de

Generated on August 28 2019 23:49 PM

The score is 59/100






## SEO Content


	<b>Title</b>	<p>Tropic   Fitness Center Bad Sachsa</p> <p>Length : 34</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<b>Description</b>	<p>Allgemeines Fitnesstraining bildet die Basis für die Steigerung der individuellen Leistungsfähigkeit, Fitness, Bodybuilding, Cardio, Bad Sachsa</p> <p>Length : 143</p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	<b>Keywords</b>	<p>Fitness, Bodybuilding, Cardio, Bad Sachsa, Sonnenstudio, Gymnastik</p> <p>Good, your page contains meta keywords.</p>												
	<b>Og Meta Properties</b>	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use <a href="#">this free og properties generator</a> to create them.</p>												
	<b>Headings</b>	<table border="1" data-bbox="544 1576 1481 1648"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>16</td> <td>20</td> <td>5</td> <td>12</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="616 1682 1326 2078" style="list-style-type: none"> <li>• [H1] Center Tropic</li> <li>• [H2] Fitness</li> <li>• [H2] Angebote und Info`s</li> <li>• [H2] Triff unsere Experten</li> <li>• [H2] Aktueller Kursplan</li> <li>• [H2] unsere Öffnungszeiten</li> <li>• [H2] WIR SIND GESCHAFFENUM UNS ZU BEWEGEN</li> <li>• [H2] das Studio</li> <li>• [H2] virtuell 360°</li> <li>• [H2] Unsere Preise</li> <li>• [H2] FITNESS</li> <li>• [H2] GYM DANCE</li> </ul>	H1	H2	H3	H4	H5	H6	1	16	20	5	12	0
H1	H2	H3	H4	H5	H6									
1	16	20	5	12	0									

# SEO Content





- [H2] DANCE GYM
- [H2] DANCE GYM
- [H2] CARDS
- [H2] Promovideo
- [H2] Kontakt
- [H3] CARDIOTRAINING
- [H3] KRAFTTRAINING
- [H3] FITNESSKURSE
- [H3] FITNESS CHECK
- [H3] PERSONAL TRAINING
- [H3] BEST AGE 50+
- [H3] Training
- [H3] Training
- [H3] Training
- [H3] Training
- [H3] Cardio
- [H3] Kurse
- [H3] Sauna
- [H3] Eingangsbereich
- [H3] TROPIC - Bad Sachsa
- [H3] Specials
- [H3] Wissenswert
- [H3] Services
- [H3] Wir bieten
- [H3] Ziele & Wege
- [H4] virtuell 360° Rundgang
- [H4] ACHTUNG!! Bring a Friend
- [H4] Fitness im Tropic
- [H4] Bring a Friend
- [H4] TROPIC auf 1000m<sup>2</sup>
- [H5] Montag
- [H5] Dienstag
- [H5] Mittwoch
- [H5] Donnerstag
- [H5] Freitag
- [H5] Montag
- [H5] Dienstag
- [H5] Mittwoch
- [H5] Donnerstag
- [H5] Freitag
- [H5] Samstag
- [H5] Sonntag

	Images	We found 29 images on this web page. Good, most or all of your images have alt attributes
	Text/HTML Ratio	Ratio : 40% Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
	Flash	Perfect, no Flash content has been detected on this page.

## SEO Content

	Iframe	Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.
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## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 40 links including 4 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 10% Internal Links 90%

## In-page links

Anchor	Type	Juice
<a href="#">Angebote</a>	Internal	Passing Juice
<a href="#">wir Bieten</a>	Internal	Passing Juice
<a href="#">&amp;Ouml;ffnungszeiten</a>	Internal	Passing Juice
<a href="#">das Studio</a>	Internal	Passing Juice
<a href="#">unsere Preise</a>	Internal	Passing Juice
<a href="#">360&amp;deg;</a>	Internal	Passing Juice
<a href="#">Video</a>	Internal	Passing Juice
<a href="#">Kontakt</a>	Internal	Passing Juice
=	Internal	Passing Juice
<a href="#">zum 360&amp;deg; Panorama</a>	External	Passing Juice
=	Internal	Passing Juice
<a href="#">CardioTraining</a>	Internal	Passing Juice

## In-page links

<a href="#">KraftTraining</a>	Internal	Passing Juice
<a href="#">Fitness-Check</a>	Internal	Passing Juice
<a href="#">PersonalTraining</a>	Internal	Passing Juice
<a href="#">Best Age 50+</a>	Internal	Passing Juice
<a href="#">Qigong f&amp;uuml;r Gesundheit</a>	Internal	Passing Juice
=	Internal	Passing Juice
=	Internal	Passing Juice
=	Internal	Passing Juice
=	Internal	Passing Juice
<a href="#">Solarium</a>	Internal	Passing Juice
=	External	Passing Juice
<a href="#">TROPIC - Bad Sachsa</a>	External	Passing Juice
<a href="#">&amp;Uuml;ber uns / Impressum</a>	Internal	Passing Juice
<a href="#">Datenschutz</a>	Internal	Passing Juice
<a href="#">Specials</a>	Internal	Passing Juice
<a href="#">Seminare</a>	Internal	Passing Juice
<a href="#">Services</a>	Internal	Passing Juice
<a href="#">Reha / Pr&amp;auml;vention</a>	Internal	Passing Juice
<a href="#">Krankenkassen</a>	Internal	Passing Juice
<a href="#">Funktionstraining</a>	Internal	Passing Juice
<a href="#">Wir bieten</a>	Internal	Passing Juice
<a href="#">Ziele &amp; Wege</a>	Internal	Passing Juice
<a href="#">Basic Fitness</a>	Internal	Passing Juice
<a href="#">Basic Ausgleich</a>	Internal	Passing Juice
<a href="#">Basic Bodybuilding</a>	Internal	Passing Juice
<a href="#">Basic Kurse</a>	Internal	Passing Juice
<a href="#">Basic Zusatz</a>	Internal	Passing Juice
<a href="#">tashMedia</a>	External	Passing Juice

## SEO Keywords



Keywords Cloud

fitness mit ihre für der die unsere tropic  
und sie

## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
sie	21	✘	✘	✘	✘
und	18	✘	✘	✘	✔
für	15	✘	✘	✔	✘
fitness	13	✔	✔	✔	✔
unsere	11	✘	✘	✘	✔











## Usability

	Url	Domain : fitness-tropic.de Length : 17
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	You have not specified the language. Use <a href="#">this free meta tags generator</a> to declare the intended language of your website.
	Dublin Core	This page does not take advantage of Dublin Core.





## Document

	Doctype	HTML 5
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## Document

	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 54 Warnings : 2				
	Email Privacy	Great no email address has been found in plain text!				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td>&lt;font&gt;</td><td>27</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<font>	27
Deprecated tags	Occurrences					
<font>	27					
	Speed Tips	<ul style="list-style-type: none"><li> Attention! Try to avoid nested tables in HTML.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Perfect, your website takes advantage of gzip.</li></ul>				

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <a href="http://fitness-tropic.de/sitemap.xml">http://fitness-tropic.de/sitemap.xml</a>
	Robots.txt	<a href="http://fitness-tropic.de/robots.txt">http://fitness-tropic.de/robots.txt</a> Great, your website has a robots.txt file.

## Optimization



### Analytics

#### Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.