

PageSpeed Insights

Mobile



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! Should Fix:

Enable compression

Compressing resources with gzip or deflate can reduce the number of bytes sent over the network.

[Enable compression](#) for the following resources to reduce their transfer size by 701.2KiB (74% reduction).

- Compressing <https://www.fitness-tropic.de/js/jquery.1.11.2.js> could save 204KiB (70% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/marzipano.js> could save 173.1KiB (76% reduction).
- Compressing <https://www.fitness-tropic.de/js/slick.js> could save 55KiB (83% reduction).
- Compressing <https://www.fitness-tropic.de/js/modernizr-2.js> could save 36KiB (69% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/es5-shim.js> could save

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33.4KiB (75% reduction).

- Compressing <https://www.fitness-tropic.de/js/jquery.validate.js> could save 32.7KiB (74% reduction).
- Compressing <https://www.fitness-tropic.de/js/bootstrap-datepicker.js> could save 31.2KiB (74% reduction).
- Compressing <https://www.fitness-tropic.de/js/jquery.liMarquee.js> could save 30.7KiB (87% reduction).
- Compressing <https://www.fitness-tropic.de/js/bootstrap.js> could save 23.8KiB (79% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/style.css> could save 14.8KiB (85% reduction).
- Compressing <https://www.fitness-tropic.de/js/jquery.fancybox.js> could save 14.2KiB (63% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/data.js> could save 10.2KiB (81% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/index.js> could save 9.5KiB (74% reduction).
- Compressing <https://www.fitness-tropic.de/js/jquery.easing.min.js> could save 6.6KiB (76% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/eventShim.js> could save 4.1KiB (67% reduction).
- Compressing <https://www.fitness-tropic.de/js/function.js> could save 3.6KiB (70% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/classList.js> could save 3.6KiB (65% reduction).
- Compressing <https://www.fitness-tropic.de/js/menu.js> could save 3KiB (72% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/> could save 2.4KiB (69% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/bowser.min.js> could save 2KiB (60% reduction).
- Compressing <https://www.fitness-tropic.de/js/scorll.js> could save 1.4KiB (59% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/screenfull.min.js> could save 1.4KiB (62% reduction).
- Compressing <https://www.fitness-tropic.de/js/parallax.js> could save 1.1KiB (56% reduction).
- Compressing <https://www.fitness-tropic.de/js/ios-timer.js> could save 1.1KiB (64% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/tashmedia.js> could save 906B (66% reduction).

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- Compressing <https://www.tashmedia.de/tash360/10528/vendor/requestAnimationFrame.js> could save 788B (61% reduction).
- Compressing <https://www.fitness-tropic.de/js/jquery.mousewheel-3.0.6.pack.js> could save 683B (49% reduction).

Leverage browser caching

Setting an expiry date or a maximum age in the HTTP headers for static resources instructs the browser to load previously downloaded resources from local disk rather than over the network.

[Leverage browser caching](#) for the following cacheable resources:

- <https://www.fitness-tropic.de/css/bootstrap.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/datepicker.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/lightbox.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/master.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/menu.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/slick.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/styles.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/tickerliMarquee.css> (expiration not specified)
- https://www.fitness-tropic.de/images/debut_dark_@2X.png (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/1.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/2.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/3.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/4.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/5.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/6.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/7.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/8.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/icn-arrow-small.png> (expiration not specified)

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- <https://www.fitness-tropic.de/images/icon-plus.png> (expiration not specified)
- https://www.fitness-tropic.de/images/kontakt_bg.jpg (expiration not specified)
- <https://www.fitness-tropic.de/images/logo.png> (expiration not specified)
- <https://www.fitness-tropic.de/images/menu-icon.png> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/prom360.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/promfly1.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/promfly2.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/promspez1.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/promspez2.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/preise/tropic-cards.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/preise/tropic-dance.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/preise/tropic-fitness.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/express-bg.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-best-age.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-cardio.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-check.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-kraft.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-kurse.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-trainer.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic2.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic3.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic4.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic5.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/social-icon.png> (expiration not specified)
- <https://www.fitness-tropic.de/images/team-link-icn.png> (expiration not specified)
- https://www.fitness-tropic.de/images/txture_@2X.png (expiration not specified)
- <https://www.fitness-tropic.de/js/bootstrap-datepicker.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/bootstrap.js> (expiration not specified)

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- <https://www.fitness-tropic.de/js/function.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/ios-timer.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.1.11.2.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.easing.min.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.fancybox.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.liMarquee.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.mousewheel-3.0.6.pack.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.validate.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/menu.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/modernizr-2.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/parallax.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/scorll.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/slick.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/data.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/down.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/fullscreen.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/left.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/minus.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/pause.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/play.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/plus.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/right.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/up.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/windowed.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/index.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/style.css> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/bowser.min.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/classList.js> (expiration not specified)

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- <https://www.tashmedia.de/tash360/10528/vendor/es5-shim.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/eventShim.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/marzipano.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/requestAnimationFrame.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/reset.min.css> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/screenfull.min.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/tashmedia.js> (expiration not specified)
-
-
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- https://static.doubleclick.net/instream/ad_status.js (15 minutes)
- https://maps.googleapis.com/maps/api/js?client=google-maps-embed&paint_origin=&libraries=geometry,search&v=3.exp&language=en®ion=de (30 minutes)

Minify JavaScript

Compacting JavaScript code can save many bytes of data and speed up downloading, parsing, and execution time.

[Minify JavaScript](#) for the following resources to reduce their size by 313.8KiB (48% reduction).

- Minifying <https://www.fitness-tropic.de/js/jquery.1.11.2.js> could save 142.1KiB (50% reduction).
- Minifying <https://www.fitness-tropic.de/js/modernizr-2.js> could save 35.3KiB (68% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/es5-shim.js> could save 28.3KiB (63% reduction).
- Minifying <https://www.fitness-tropic.de/js/slick.js> could save 25.9KiB (40% reduction).
- Minifying <https://www.fitness-tropic.de/js/jquery.validate.js> could save 16.1KiB (37% reduction).
- Minifying <https://www.fitness-tropic.de/js/jquery.liMarquee.js> could save 15.9KiB (45% reduction).
- Minifying <https://www.fitness-tropic.de/js/bootstrap-datepicker.js> could save 13.3KiB (32% reduction).
- Minifying <https://www.fitness-tropic.de/js/bootstrap.js> could save 11.2KiB (38% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/data.js> could save 5KiB (41% reduction).
- Minifying <https://www.fitness-tropic.de/js/jquery.easing.min.js> could save 4.7KiB (55% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/index.js> could save 4.1KiB (32% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/eventShim.js> could save 4KiB (65% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/classList.js> could save 2.2KiB (40% reduction).

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- Minifying <https://www.fitness-tropic.de/js/function.js> could save 2.1KiB (41% reduction).
- Minifying <https://www.fitness-tropic.de/js/scorll.js> could save 1.1KiB (47% reduction).
- Minifying <https://www.fitness-tropic.de/js/parallax.js> could save 972B (50% reduction).
- Minifying <https://www.fitness-tropic.de/js/ios-timer.js> could save 672B (41% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/requestAnimationFrame.js> could save 572B (45% reduction).
- Minifying <https://www.fitness-tropic.de/js/jquery.mousewheel-3.0.6.pack.js> could save 384B (28% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/tashmedia.js> could save 210B (16% reduction).

Eliminate render-blocking JavaScript and CSS in above-the-fold content

Your page has 1 blocking script resources and 10 blocking CSS resources. This causes a delay in rendering your page.

None of the above-the-fold content on your page could be rendered without waiting for the following resources to load. Try to defer or asynchronously load blocking resources, or inline the critical portions of those resources directly in the HTML.

[Remove render-blocking JavaScript:](#)

- <https://cdnjs.cloudflare.com/ajax/libs/cookieconsent2/3.0.3/cookieconsent.min.js>

[Optimize CSS Delivery](#) of the following:

- <https://fonts.googleapis.com/css?family=Yanone+Kaffeesatz:400,200,300>
- <https://www.fitness-tropic.de/css/master.css>
- <https://www.fitness-tropic.de/css/styles.css>
- <https://www.fitness-tropic.de/css/bootstrap.css>
- <https://www.fitness-tropic.de/css/tickerliMarquee.css>
- <https://www.fitness-tropic.de/css/datepicker.css>
- <https://www.fitness-tropic.de/css/lightbox.css>

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- <https://www.fitness-tropic.de/css/menu.css>
- <https://www.fitness-tropic.de/css/slick.css>
- <https://cdnjs.cloudflare.com/ajax/libs/cookieconsent2/3.0.3/cookieconsent.min.css>

Optimize images

Properly formatting and compressing images can save many bytes of data.

[Optimize the following images](#) to reduce their size by 4.2MiB (66% reduction).

- Compressing <https://www.fitness-tropic.de/images/site/start/tropic2.jpg> could save 697.2KiB (74% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/express-bg.jpg> could save 593.5KiB (69% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic4.jpg> could save 517.2KiB (60% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic3.jpg> could save 440KiB (65% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic5.jpg> could save 425.8KiB (65% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/promspez2.jpg> could save 166.8KiB (72% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/preise/tropic-dance.jpg> could save 108.9KiB (69% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/promspez1.jpg> could save 104.8KiB (71% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/prom360.jpg> could save 93.7KiB (54% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-check.jpg> could save 76.3KiB (69% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/6.jpg> could save 70.3KiB (72% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/5.jpg> could save 70.2KiB (70% reduction).

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- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-kurse.jpg> could save 69.8KiB (67% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/2.jpg> could save 69.2KiB (73% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/7.jpg> could save 68.7KiB (75% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/8.jpg> could save 67.8KiB (70% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/1.jpg> could save 65.7KiB (69% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-cardio.jpg> could save 64.5KiB (67% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/4.jpg> could save 64.4KiB (68% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/3.jpg> could save 61KiB (64% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-trainer.jpg> could save 58.8KiB (64% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/promfly1.jpg> could save 53.9KiB (43% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/preise/tropic-cards.jpg> could save 52.8KiB (55% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/preise/tropic-fitness.jpg> could save 51.5KiB (71% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-best-age.jpg> could save 51.1KiB (66% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/promfly2.jpg> could save 44.5KiB (39% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-kraft.jpg> could save 33.7KiB (51% reduction).
- Compressing https://www.fitness-tropic.de/images/kontakt_bg.jpg could save 19.1KiB (44% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/left.png> could save 1KiB (60% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/right.png> could save 984B (60% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/fullscreen.png> could save 977B (64% reduction).

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- Compressing <https://www.fitness-tropic.de/images/icn-arrow-small.png> could save 969B (43% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/windowed.png> could save 962B (61% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/plus.png> could save 927B (73% reduction).
- Compressing <https://www.fitness-tropic.de/images/icon-plus.png> could save 895B (84% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/down.png> could save 893B (55% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/play.png> could save 890B (30% reduction).
- Compressing <https://www.fitness-tropic.de/images/menu-icon.png> could save 876B (87% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/minus.png> could save 871B (77% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/up.png> could save 866B (56% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/pause.png> could save 851B (29% reduction).
- Compressing <https://www.fitness-tropic.de/images/social-icon.png> could save 829B (30% reduction).
- Compressing <https://yt3.ggpht.com/-2uaBalwIPbc/AAAAAAAAAAI/AAAAAAAAAAA/98C49wki3Uw/s68-c-k-no-mo-rj-c0xxffff/photo.jpg> could save 246B (21% reduction).

Consider Fixing:

Minify CSS

Compacting CSS code can save many bytes of data and speed up download and parse times.

[Minify CSS](#) for the following resources to reduce their size by 5.5KiB (23% reduction).

- Minifying <https://www.tashmedia.de/tash360/10528/style.css> could save 4.3KiB (25%

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reduction).

- Minifying <https://www.fitness-tropic.de/css/styles.css> could save 1KiB (19% reduction) after compression.
- Minifying <https://www.fitness-tropic.de/css/menu.css> could save 160B (11% reduction) after compression.

Minify HTML

Compacting HTML code, including any inline JavaScript and CSS contained in it, can save many bytes of data and speed up download and parse times.

[Minify HTML](#) for the following resources to reduce their size by 375B (16% reduction).

- Minifying <https://www.tashmedia.de/error.html?fehler=404> could save 375B (16% reduction) after compression.



3 Passed Rules

Avoid landing page redirects

Your page has no redirects. Learn more about [avoiding landing page redirects](#).

Reduce server response time

Your server responded quickly. Learn more about [server response time optimization](#).

Prioritize visible content

You have the above-the-fold content properly prioritized. Learn more about [prioritizing visible content](#).

97 / 100 User Experience

Consider Fixing:

Size tap targets appropriately

Some of the links/buttons on your webpage may be too small for a user to easily tap on a touchscreen. Consider [making these tap targets larger](#) to provide a better user experience.

The following tap targets are close to other nearby tap targets and may need additional spacing around them.

- The tap target `<div class="cc-window cc-f...ride-226303730">Diese Website...Ok, verstanden</div>` is close to 1 other tap targets final.
- The tap target `` is close to 1 other tap targets final.
- The tap target `Über uns / Impressum` and 1 others are close to other tap targets.
- The tap target `Tropic Best Age 50+` and 16 others are close to other tap targets.

4 Passed Rules

Avoid plugins

Your page does not appear to use plugins, which would prevent content from being usable on many platforms. Learn more about the importance of [avoiding plugins](#).

Configure the viewport

Your page specifies a viewport matching the device's size, which allows it to render properly on all devices. Learn more about [configuring viewports](#).

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Size content to viewport

The contents of your page fit within the viewport. Learn more about [sizing content to the viewport](#).

Use legible font sizes

The text on your page is legible. Learn more about [using legible font sizes](#).

Desktop



6 / 100 Speed

! Should Fix:

Enable compression

Compressing resources with gzip or deflate can reduce the number of bytes sent over the network.

[Enable compression](#) for the following resources to reduce their transfer size by 701.2KiB (74% reduction).

- Compressing <https://www.fitness-tropic.de/js/jquery.1.11.2.js> could save 204KiB (70% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/marzipano.js> could save 173.1KiB (76% reduction).

Desktop

- Compressing <https://www.fitness-tropic.de/js/slick.js> could save 55KiB (83% reduction).
- Compressing <https://www.fitness-tropic.de/js/modernizr-2.js> could save 36KiB (69% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/es5-shim.js> could save 33.4KiB (75% reduction).
- Compressing <https://www.fitness-tropic.de/js/jquery.validate.js> could save 32.7KiB (74% reduction).
- Compressing <https://www.fitness-tropic.de/js/bootstrap-datepicker.js> could save 31.2KiB (74% reduction).
- Compressing <https://www.fitness-tropic.de/js/jquery.liMarquee.js> could save 30.7KiB (87% reduction).
- Compressing <https://www.fitness-tropic.de/js/bootstrap.js> could save 23.8KiB (79% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/style.css> could save 14.8KiB (85% reduction).
- Compressing <https://www.fitness-tropic.de/js/jquery.fancybox.js> could save 14.2KiB (63% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/data.js> could save 10.2KiB (81% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/index.js> could save 9.5KiB (74% reduction).
- Compressing <https://www.fitness-tropic.de/js/jquery.easing.min.js> could save 6.6KiB (76% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/eventShim.js> could save 4.1KiB (67% reduction).
- Compressing <https://www.fitness-tropic.de/js/function.js> could save 3.6KiB (70% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/classList.js> could save 3.6KiB (65% reduction).
- Compressing <https://www.fitness-tropic.de/js/menu.js> could save 3KiB (72% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/> could save 2.4KiB (69% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/bowser.min.js> could save 2KiB (60% reduction).
- Compressing <https://www.fitness-tropic.de/js/scorll.js> could save 1.4KiB (59% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/screenfull.min.js> could save 1.4KiB (62% reduction).
- Compressing <https://www.fitness-tropic.de/js/parallax.js> could save 1.1KiB (56% reduction).

Desktop

- Compressing <https://www.fitness-tropic.de/js/ios-timer.js> could save 1.1KiB (64% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/tashmedia.js> could save 906B (66% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/vendor/requestAnimationFrame.js> could save 788B (61% reduction).
- Compressing <https://www.fitness-tropic.de/js/jquery.mousewheel-3.0.6.pack.js> could save 683B (49% reduction).

Leverage browser caching

Setting an expiry date or a maximum age in the HTTP headers for static resources instructs the browser to load previously downloaded resources from local disk rather than over the network.

[Leverage browser caching](#) for the following cacheable resources:

- <https://www.fitness-tropic.de/css/bootstrap.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/datepicker.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/lightbox.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/master.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/menu.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/slick.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/styles.css> (expiration not specified)
- <https://www.fitness-tropic.de/css/tickerliMarquee.css> (expiration not specified)
- <https://www.fitness-tropic.de/images/arrow.png> (expiration not specified)
- https://www.fitness-tropic.de/images/debut_dark.png (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/1.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/2.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/3.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/4.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/5.jpg> (expiration not specified)

Desktop

- <https://www.fitness-tropic.de/images/gallery/thumb/6.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/7.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/gallery/thumb/8.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/icn-arrow-small.png> (expiration not specified)
- <https://www.fitness-tropic.de/images/icon-plus.png> (expiration not specified)
- https://www.fitness-tropic.de/images/kontakt_bg.jpg (expiration not specified)
- <https://www.fitness-tropic.de/images/logo.png> (expiration not specified)
- <https://www.fitness-tropic.de/images/menu-icon.png> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/prom360.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/promfly1.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/promfly2.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/promspez1.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/promspez/promspez2.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/preise/tropic-cards.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/preise/tropic-dance.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/preise/tropic-fitness.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/express-bg.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-best-age.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-cardio.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-check.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-kraft.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-kurse.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic-trainer.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic2.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic3.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic4.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/site/start/tropic5.jpg> (expiration not specified)
- <https://www.fitness-tropic.de/images/social-icon.png> (expiration not specified)

Desktop

- <https://www.fitness-tropic.de/images/team-link-icn.png> (expiration not specified)
- <https://www.fitness-tropic.de/images/txture.png> (expiration not specified)
- <https://www.fitness-tropic.de/js/bootstrap-datepicker.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/bootstrap.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/function.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/ios-timer.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.1.11.2.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.easing.min.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.fancybox.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.liMarquee.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.mousewheel-3.0.6.pack.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/jquery.validate.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/menu.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/modernizr-2.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/parallax.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/scorll.js> (expiration not specified)
- <https://www.fitness-tropic.de/js/slick.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/data.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/down.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/fullscreen.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/left.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/minus.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/pause.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/play.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/plus.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/right.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/up.png> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/img/windowed.png> (expiration not specified)

Desktop

- <https://www.tashmedia.de/tash360/10528/index.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/style.css> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/bowser.min.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/classList.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/es5-shim.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/eventShim.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/marzipano.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/requestAnimationFrame.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/reset.min.css> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/screenfull.min.js> (expiration not specified)
- <https://www.tashmedia.de/tash360/10528/vendor/tashmedia.js> (expiration not specified)
-
-

Desktop

embed&token=13577 (5 minutes)

-
- [https://static.doubleclick.net/instream/ad_status.js](https://www.google.com/maps/vt?pb=!1m5!1m4!1i15!2i17346!3i10884!4i256!2m3!1e0!2sm!3i482190508!2m36!1e2!2sspotlight!5i1!8m32!1m8!12m7!10b0!12splplaceholder!19m3!1b0!2zNSw2LDI0LDQ1LDc1LDkz!3s0x0%3A0xa1be0500c395b9aa!20e1!2m6!1s0x47a51cfecede3beb%3A0xa1be0500c395b9aa!2sTropic!4m2!3d51.5930082!4d10.5632462!5e0!11e11!13m12!2sa!14b1!18m5!5b0!6b0!9b1!12b1!16b0!22m3!6e2!7e3!8e2!19u14!19u29!3m9!2sen!3sDE!5e289!12m1!1e68!12m3!1e37!2m1!1ssmartmaps!4e0&client=google-maps-embed&token=48749 (5 minutes)• <a href=) (15 minutes)
- https://maps.googleapis.com/maps/api/js?client=google-maps-embed&paint_origin=&libraries=geometry,search&v=3.exp&language=en®ion=de (30 minutes)

Minify JavaScript

Compacting JavaScript code can save many bytes of data and speed up downloading, parsing, and execution time.

[Minify JavaScript](#) for the following resources to reduce their size by 313.8KiB (48% reduction).

- Minifying <https://www.fitness-tropic.de/js/jquery.1.11.2.js> could save 142.1KiB (50% reduction).
- Minifying <https://www.fitness-tropic.de/js/modernizr-2.js> could save 35.3KiB (68% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/es5-shim.js> could save 28.3KiB (63% reduction).
- Minifying <https://www.fitness-tropic.de/js/slick.js> could save 25.9KiB (40% reduction).

Desktop

- Minifying <https://www.fitness-tropic.de/js/jquery.validate.js> could save 16.1KiB (37% reduction).
- Minifying <https://www.fitness-tropic.de/js/jquery.liMarquee.js> could save 15.9KiB (45% reduction).
- Minifying <https://www.fitness-tropic.de/js/bootstrap-datepicker.js> could save 13.3KiB (32% reduction).
- Minifying <https://www.fitness-tropic.de/js/bootstrap.js> could save 11.2KiB (38% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/data.js> could save 5KiB (41% reduction).
- Minifying <https://www.fitness-tropic.de/js/jquery.easing.min.js> could save 4.7KiB (55% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/index.js> could save 4.1KiB (32% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/eventShim.js> could save 4KiB (65% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/classList.js> could save 2.2KiB (40% reduction).
- Minifying <https://www.fitness-tropic.de/js/function.js> could save 2.1KiB (41% reduction).
- Minifying <https://www.fitness-tropic.de/js/scorll.js> could save 1.1KiB (47% reduction).
- Minifying <https://www.fitness-tropic.de/js/parallax.js> could save 972B (50% reduction).
- Minifying <https://www.fitness-tropic.de/js/ios-timer.js> could save 672B (41% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/requestAnimationFrame.js> could save 572B (45% reduction).
- Minifying <https://www.fitness-tropic.de/js/jquery.mousewheel-3.0.6.pack.js> could save 384B (28% reduction).
- Minifying <https://www.tashmedia.de/tash360/10528/vendor/tashmedia.js> could save 210B (16% reduction).

Optimize images

Properly formatting and compressing images can save many bytes of data.

[Optimize the following images](#) to reduce their size by 4.2MiB (66% reduction).

Desktop

- Compressing <https://www.fitness-tropic.de/images/site/start/tropic2.jpg> could save 697.2KiB (74% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/express-bg.jpg> could save 593.5KiB (69% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic4.jpg> could save 517.2KiB (60% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic3.jpg> could save 440KiB (65% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic5.jpg> could save 425.8KiB (65% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/promspez2.jpg> could save 166.8KiB (72% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/preise/tropic-dance.jpg> could save 108.9KiB (69% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/promspez1.jpg> could save 104.8KiB (71% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/prom360.jpg> could save 93.7KiB (54% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-check.jpg> could save 76.3KiB (69% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/6.jpg> could save 70.3KiB (72% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/5.jpg> could save 70.2KiB (70% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-kurse.jpg> could save 69.8KiB (67% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/2.jpg> could save 69.2KiB (73% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/7.jpg> could save 68.7KiB (75% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/8.jpg> could save 67.8KiB (70% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/1.jpg> could save 65.7KiB (69% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-cardio.jpg> could save 64.5KiB (67% reduction).
- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/4.jpg> could save 64.4KiB (68% reduction).

Desktop

- Compressing <https://www.fitness-tropic.de/images/gallery/thumb/3.jpg> could save 61KiB (64% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-trainer.jpg> could save 58.8KiB (64% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/promfly1.jpg> could save 53.9KiB (43% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/preise/tropic-cards.jpg> could save 52.8KiB (55% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/preise/tropic-fitness.jpg> could save 51.5KiB (71% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-best-age.jpg> could save 51.1KiB (66% reduction).
- Compressing <https://www.fitness-tropic.de/images/promspez/promfly2.jpg> could save 44.5KiB (39% reduction).
- Compressing <https://www.fitness-tropic.de/images/site/start/tropic-kraft.jpg> could save 33.7KiB (51% reduction).
- Compressing https://www.fitness-tropic.de/images/kontakt_bg.jpg could save 19.1KiB (44% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/left.png> could save 1KiB (60% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/right.png> could save 984B (60% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/fullscreen.png> could save 977B (64% reduction).
- Compressing <https://www.fitness-tropic.de/images/icn-arrow-small.png> could save 969B (43% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/windowed.png> could save 962B (61% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/plus.png> could save 927B (73% reduction).
- Compressing <https://www.fitness-tropic.de/images/icon-plus.png> could save 895B (84% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/down.png> could save 893B (55% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/play.png> could save 890B (30% reduction).
- Compressing <https://www.fitness-tropic.de/images/menu-icon.png> could save 876B (87%

Desktop

reduction).

- Compressing <https://www.tashmedia.de/tash360/10528/img/minus.png> could save 871B (77% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/up.png> could save 866B (56% reduction).
- Compressing <https://www.tashmedia.de/tash360/10528/img/pause.png> could save 851B (29% reduction).
- Compressing <https://www.fitness-tropic.de/images/social-icon.png> could save 829B (30% reduction).
- Compressing <https://www.fitness-tropic.de/images/arrow.png> could save 627B (20% reduction).
- Compressing <https://yt3.ggpht.com/-2uaBalwIPbc/AAAAAAAAAAI/AAAAAAAAAAA/98C49wki3Uw/s68-c-k-no-mo-rj-c0xxffff/photo.jpg> could save 246B (21% reduction).



Consider Fixing:

Minify CSS

Compacting CSS code can save many bytes of data and speed up download and parse times.

[Minify CSS](#) for the following resources to reduce their size by 5.5KiB (23% reduction).

- Minifying <https://www.tashmedia.de/tash360/10528/style.css> could save 4.3KiB (25% reduction).
- Minifying <https://www.fitness-tropic.de/css/styles.css> could save 1KiB (19% reduction) after compression.
- Minifying <https://www.fitness-tropic.de/css/menu.css> could save 160B (11% reduction) after compression.

Minify HTML

Compacting HTML code, including any inline JavaScript and CSS contained in it, can save many

Desktop

bytes of data and speed up download and parse times.

[Minify HTML](#) for the following resources to reduce their size by 375B (16% reduction).

- Minifying <https://www.tashmedia.de/error.html?fehler=404> could save 375B (16% reduction) after compression.

Eliminate render-blocking JavaScript and CSS in above-the-fold content

Your page has 1 blocking CSS resources. This causes a delay in rendering your page.

None of the above-the-fold content on your page could be rendered without waiting for the following resources to load. Try to defer or asynchronously load blocking resources, or inline the critical portions of those resources directly in the HTML.

[Optimize CSS Delivery](#) of the following:

- <https://fonts.googleapis.com/css?family=Yanone+Kaffeesatz:400,200,300>



3 Passed Rules

Avoid landing page redirects

Your page has no redirects. Learn more about [avoiding landing page redirects](#).

Reduce server response time

Your server responded quickly. Learn more about [server response time optimization](#).

Prioritize visible content

You have the above-the-fold content properly prioritized. Learn more about [prioritizing visible](#)

[Desktop](#)

[content.](#)